

BON SECOURS HOSPITAL PATHOLOGY DEPARTMENT

INSTRUCTIONS FOR 24-HOUR URINE COLLECTION

PLAIN CONTAINER

It is important that you collect ALL the urine that you pass over an EXACT 24-hour period. Loss of any urine, or a collection made for either more or less than 24 hours, will invalidate the test and might lead to an incorrect diagnosis being made.

INSTRUCTIONS

- a) Empty your bladder into the toilet in the morning. **NOTE THE TIME.**
- b) From then on collect **ALL** urine during the next 24 hours day and night. On each occasion pass urine into jug and add to container. Keep the container in a fridge if possible or in a cool place.
- c) At the same time the following morning empty your bladder into the jug provided and **ADD** this sample to the collection.
- d) This completes the 24-hour collection. Please ensure that the label on the container and the request form are fully completed and **the cap is closed securely. Finally, place the container in the Pathology Specimen bag and seal along the top.**

If you forget and lose a sample down the toilet, please throw away all the urine. Obtain a new container from the laboratory and start the collection again.

BSD/PATH/GDE/001	Ver. 2	Effective Date: 18/05/11	Att. 3
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