



Checklist for Coming Into Hospital

Fasting: If you are asked to fast for a procedure this means that you must not take any food or liquids, INCLUDING WATER, unless directed by your Consultant. Check with your Consultant regarding any specific preparation for your procedure.

Medications: Ask your Consultant about taking your medications before admission.

Insurance Cover: Check with your health insurer that your policy covers the treatment/procedure that you need and the level of excess, if any, which applies on admission. You are responsible for all charges not covered by your insurance. These are payable at time of admission.

Remove all make up and nail polish if you are having a surgical procedure. If you have acrylic gel or false nails these will need to be removed.

Read the information leaflets provided by the Consultant e.g.
An Information Sheet for Endoscopy/Day Care Patients
Patient Information Sheet: After a General Anaesthetic or Sedation
(available on www.bonsecours.org)

Bring with you:

- Referral letter / name of Consultant & procedure
- Details of Insurance cover (membership/registration no.). Excess payment or shortfall, if required (cash, cheque or credit card)
- Next of kin contact details eg mobile phone number, landline number, name, address
- All of your medications, clearly labelled with full instructions and your current prescription
- Dressing gown and slippers

In-patient

- pyjamas or night dress
- toiletries (soap, toothbrush, toothpaste, brush, tissues etc)

Leave at Home:

- Valuables such as jewellery, watches, large sums of money, sentimental items