AN INFORMATION SHEET FOR ENDOSCOPY/DAY CARE PATIENTS

- Please attend the hospital at the time given by your Consultant's Secretary.

- Follow your Consultant's instructions with regard to **fasting (including water),** medications and any special preparation required for the procedure. If you do not receive instructions please contact the Consultants secretary for same.

- **Bring with you all of your medicines, clearly labelled with full instructions. If you are on medication for high blood pressure, heart or lung complaints, you should take these at the usual times with sips of water.**
  If you are a diabetic or you are on any other special medication, inform your Consultant.
  If you are on Aspirin, Plavix or Warfarin, or oral contraception pill (The Pill), please inform your Consultant, if possible at least 2 weeks before your procedure.

- **It is necessary for you to inform your Consultant/Hospital if you are a known MRSA carrier or resident of a Nursing Home.**

- If you are under 16 years of age, your parent or guardian will be required to sign an Operation/Anaesthetic Consent Form with your Consultant.
- After receiving medication, your co-ordination may be affected and logical thinking may be temporarily interrupted. It is therefore necessary for safety reasons that you be collected from the hospital. You are advised not to drive yourself. **See overleaf.** Time of discharge can be confirmed by telephoning the Day Ward at 806 5334 or 8065300/Endoscopy at 8065492.
- It is also important that you remain with a responsible adult overnight following discharge from the hospital. In the event that you live alone you will be required to make suitable arrangements.
- **Please leave valuables such as jewellery and watches at home** and do not bring large sums of money with you. The Hospital is not responsible for items kept in patients' rooms/wards.

- **Prior to admission, please check with your health insurer that your policy covers the treatment/ procedure that you need and the level of excess, if any, which applies on admission. You are responsible for all charges not covered by your insurance cover. This is payable at the time of admission. Please bring correct amount of money or credit card to facilitate payment at time of admission.**

- Be prepared to remove contact lens, make-up (including nail polish) and body piercing jewellery.

- We endeavour to ensure all requested investigations/tests are completed on the day of your visit to the Day Ward/Endoscopy Ward. In certain circumstances it may be necessary to give you a further appointment/s to return.
- You should consult a member of the Nursing Staff with regard to prescriptions, review dates and follow-up **before** leaving the hospital.
- If you have any questions or worries regarding: -
  a) Your day admission – please do not hesitate to contact the Admissions Office at 806 5349.
  b) Your procedure – contact Day Ward at 806 5334.
  c) Endoscopy Admissions –806 5491
  d) Endoscopy Procedure Information – 806 5492
- Pay and Display Car Parking is available throughout the grounds for patients and visitors.

BRING WITH YOU TO THE HOSPITAL

- **Details of Next of Kin – Name, Address, Mobile number, Landline number**
- Dressing Gown and Slippers.
- V.H.I. / Quinn /Vivas membership/registration number. The form should be signed by the subscriber.
- Bring drugs, medicines or inhalers you are using and your current prescription.
- Book, magazine, Walkman etc (if you wish) as delays may be unavoidable.

Please note – although you are given a scheduled appointment time, delays are sometimes unavoidable.

Please Turn Page Over for 'Information after a General Anaesthetic or Sedation'.

PATIENT INFORMATION SHEET

AFTER A GENERAL ANAESTHETIC OR SEDATION

After receiving a General Anaesthetic or Sedation, your co-ordination may be affected and logical thinking may be temporarily interrupted due to the effects of the drug.

GENERAL GUIDELINES

Your first 24 hours/overnight at home:
Have a responsible adult to stay and look after you, so you rest and recover from any minor residual effects of your anaesthetic/sedation.

In the event of a problem arising following discharge, please contact this Hospital, Tel: 01-8065300. Alternatively, consult your Consultant or GP

In case of an emergency, go to the nearest Accident and Emergency Department

DO NOT

- Drink alcohol for 24 hours
- Drive a car for 24 hours
- Operate machinery or electrical equipment e.g. cooking
- Make any vital decisions or sign legal documents
- Climb ladders, step up on chairs or stools for 24 hours
- Take any medication not prescribed or acknowledged by your Doctor or Anaesthetist.

PLEASE DO

- Follow Consultant's advise regarding the resumption of full activity and returning to work
- Observe any special instructions which the Doctor or Nurse have advised
- Take plenty of fluids such as tea, coffee, fruit juice and flat 7-up
- Eat light meals as desired

If you have any questions once you arrive home, please contact: -

Bon Secours Hospital		01-8065300/01-837 5111
Day Ward	(07.30 – 20.00)	01-806 5334
Endoscopy Unit	(07.30 – 20.00)	01-8065492
Nursing Management	(21.00 – 07.30)	01-8065300

Please Turn Page Over for an 'Information Sheet for Endoscopy/Day Care Patients